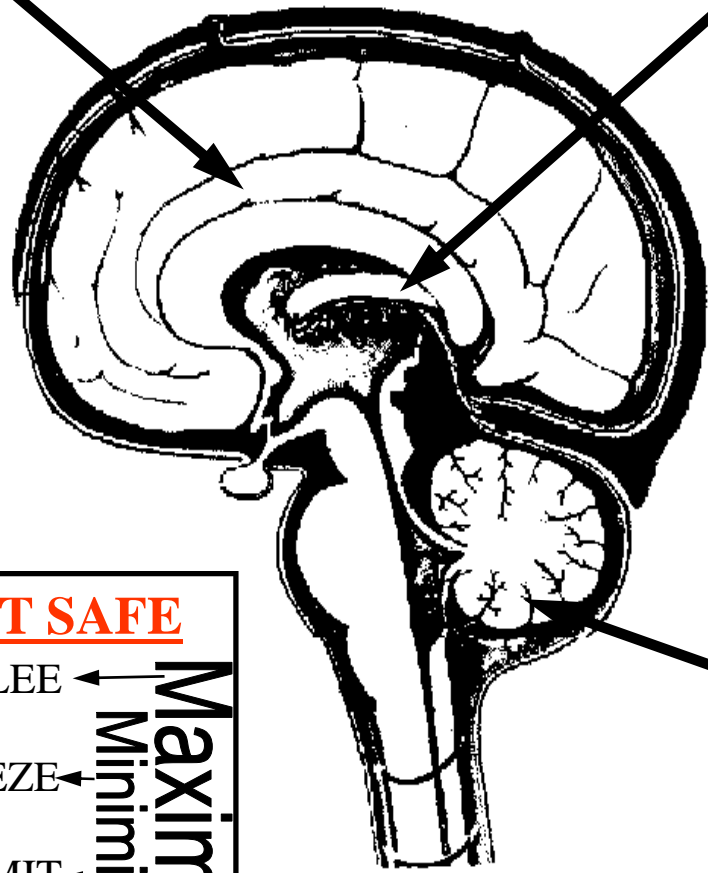


SAFETY



PRIMATE BRAIN
FORE-BRAIN CORTEX

Like a computer. Stores data: thoughts, memories, beliefs, smells, pictures, sounds, etc.

Has unconscious capacity = "forgotten" memories.

NEEDS TO SLEEP

SEAT OF AWARENESS

MAMMALIAN BRAIN
MID-BRAIN

Regulator controlling hunger, thirst, sleep, alertness.

Contains emotions: grief, pleasure.

SEAT OF NEED FOR CONNECTION.

REPTILIAN BRAIN
HIND-BRAIN

Control of all automatic functions: breathing, heart rate, etc.

Prime Function: SURVIVAL. Asks question: Is it SAFE? Thinks of LIFE or DEATH.

Directs safety functions. Very quick. Controls adrenal feelings of fear and anger.

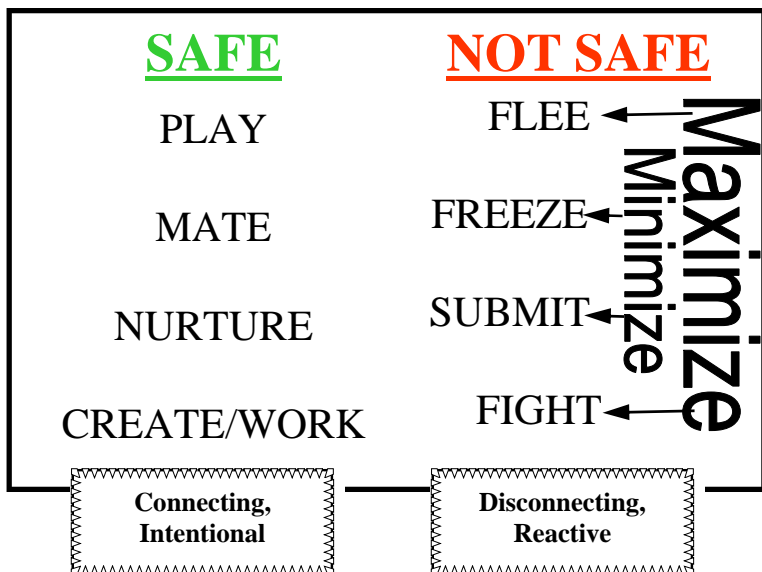
Awake 24 hrs. continuously. Quick to jump to negative conclusions.

Poor eyesighted, Mr. Magoo. Cannot tell the difference between the "real" world and the "imagined." Responds to images, senses, repetition.

Needs no relationship. Paradoxically may drive partner away.

Has access to "forgotten" and traumatic memories.

No sense of time. Lives in the NOW. Past events merge with today's. Will not let you forget the "Past".



The Lizard