Map of Relationships

Traditional Family
- Rules & Skills: All about control, disrespect, obedience, threat, fear.

Biological Dream
1. Safety
2. Reliable Membership
3. Diversity
4. Autonomy
5. Purpose or Essence
   "Few or No Skills"

Unconscious
- Neophobic: seeks "the familiar" (good & bad), Seeks the Imago—traits of Traditional Family.
- Wants wholeness and the Biological Dream in Reality.
- Hope-full

The Unconscious
- Increased fear of "the more familiar"
- Recognition of going nowhere.
- Optimism decreases until finally lose all Hope.

Romantic Stage
- Feels Wonderful: (PEA) proximity effect, erratic, unstable.
- No Data: dreams, fantasy.
- Need to Agree
- Un-reliable: this stage never lasts!
- Passive: dreaming that the other will do the work.

Power Struggle Stage
- Inflict pain in an attempt to get Love.
- Use Traditional Skills to try to get the Biological Dream. This never works!
- Frustration increases to the breaking point.
- Passive: waiting for "the other" to do the work.

University of Life Stage
1. Learn Biological Dream Skills
2. Heal Wounds
3. Share Everything
4. 4% Giving Up
   - Not getting the Biological Dream in this life.
     — and —
     Acceptance of living a life of:
     • Fighting (below legal limit)
     • Fleeing (but not divorce)
     • Freezing (unlimited)
     • Submitting (unlimited)
     • Like your parents
       — and thus—
       Discouragement, Grief, Depression, Chronic Illness.

Vintage Love
- Feels wonderful: (oxytocin, endorphins) stable, smooth
- Lots of data, based in each person's reality.
- Prefer "Truth," and avoid Agreement
- Practitioners of Biological Dream Skills:
  • Ensure Safety
  • Maintain Reliable Connection
  • Affirm Diversity and Autonomy
  • Support the pursuit of each person's purpose.
  • Durable Boundaries and easy Communication

Both do their part of the work.
Reliable. This stage lasts forever.

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